



EARN IT, KEEP IT, GROW IT

FINANCIAL WELLNESS 101

Learn where you earn

A free 5-session workshop sponsored by United Way of Windham County

No matter how much you make, everyone can benefit from getting smarter about money

In these free 1-hour workshops, learn:

- ✓ To set financial goals and find strategies to achieve goals like purchasing a house, saving for college and retirement
- ✓ To build a budget and saving plan for your household
- ✓ To reduce your debt and build your assets
- ✓ To improve your credit score and protect your identity
- ✓ About investment opportunities and options
- ✓ More about money, relationships and reducing stress

Quite simply – this WORKS!

Previous workshop participants have said:

“Finances are a big stress in my life. This series helped me to stay motivated and on track with my goals.”

“Making a budget and seeing where my money goes was very helpful.”

“I picked up a lot of tips and strategies on how to better manage my money.”

To register or for more information please contact Elizabeth Raposa, United@Work Resource Coordinator at elizabeth@unitedwaywindham.org or call 1-802-257-4011 x116